

I learned many things with Keith. Keith is a strong speaker with a lot of heart. When he talks you are drawn in and you become focused. Keith taught us that succeeding is in your heart and you have to want to succeed. We should not care what other people think because popularity is only temporary. He really made me think that I have to be number one not in other people's mind but in my heart. He taught us more about ourselves than we knew about ourselves already. I really liked the video; it was a big wake-up call. I also enjoyed Keith's audience interaction when he singled people out, but he did it in a good non-embarrassing way. We have to win the game of life and some times that involves manipulating people to get what we want. There's a catch to this. You do it in a positive way. I want to win the game of life, and Keith helped us with the rules and that helped me beat the first level.